

SUN

MON

TUE

WED

THUR

FRI

SAT

9:30 Funny Video (AR)
10:00 Funny Video (AR)
11:00 Music Therapy with Gwen (AR)
2:00 BINGO (AR)
3:30 Bingo (AR)
3:30 movie: Residents pick (AR)

30

Eid al-Fitr
10:00 Morning Rosary's (AR)
11:00 Sit and Get Fit (AR)
2:00 Music Therapy with Gwen (Activity room)
3:30 History Club (AR)

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LOCATION KEY
AR - Caswell Activity Room
GR - Garden Room



10:00 Musical Performance by John Poirer (AR)
11:00 Seated Stretches (AR)
2:00 Pokeno (AR)
3:00 Roll the dice (small talk) (AR)
4:00 Color Art (Activity room)

1

9:30 Funny Video (AR)
11:00 Music Therapy with Gwen (AR)
2:00 BINGO (AR)
3:30 Bingo (AR)
3:30 movie: Residents pick (AR)

2

10:00 Morning Rosary's (AR)
11:00 Sit and Get Fit (AR)
2:00 Music Therapy with Gwen (Activity room)
3:30 History Club (AR)

3

10:00 Java with Jazz (AR)
11:00 Music Therapy with Gwen (AR)
2:00 BINGO (Activity room)
3:30 Mardi Gras KINGS CAKE (AR)
6:00 Movie: Residents' Pick - Comedy (GR)

4

10:00 Morning Sing (AR)
11:00 Rhythm & Drumming (AR)
2:00 Exercise with Stefan (AR)
3:00 Word Mining (AR)
6:00 Movie: Residents' Pick - Comedy (GR)

5

10:00 Music by: Denise Doucette (AR)
11:00 Coloring with Chaplain Lisa (AR)
11:00 Seated Stretches (AR)
2:00 Music Bingo (AR)
3:30 Coffee social (AR)

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9:30 Coffee Social (Activity room)
10:00 Music with Matt (AR)
11:00 Volleyballoon (Activity room)
1:30 Movement Therapy with Julia (Activity room)
2:30 Afternoon Painting (AR)
3:30 Armchair Travel (AR)

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10:00 3 Card Bingo (AR)
11:00 Seated Stretches (AR)
2:00 Volleyballoon (AR)
3:00 Trivia (AR)
4:00 Color Art (Activity room)

8

Daylight Savings Time Begins
9:30 Funny Video (AR)
11:00 Music Therapy with Gwen (AR)
2:00 BINGO (AR)
3:30 Bingo (AR)
3:30 movie: Residents pick (AR)

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Beginning of Ramadan
10:00 Morning Rosary's (AR)
11:00 Sit and Get Fit (AR)
2:00 Music Therapy with Gwen (Activity room)
3:30 History Club (AR)

10

10:00 Java with Jazz (AR)
10:30 Catholic Mass (AR)
11:15 music with Gwen (AR)
2:00 BINGO (Activity room)
3:15 Spiritual Reflection with Chaplain Lisa (AR)
6:00 Movie: Residents' Pick - Comedy (GR)

11

10:00 Morning Sing (AR)
11:00 Rhythm & Drumming (AR)
2:00 Exercise with Stefan (AR)
3:00 Word Mining (AR)
6:00 Movie: Residents' Pick - Comedy (GR)

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10:00 Funny Video (AR)
11:00 Seated Stretches (AR)
2:00 Music by :Tricia Boshco (AR)
2:45 March Birthday Party (AR)
3:30 Coffee social (AR)

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10:00 Music with Matt (AR)
11:00 Volleyballoon (Activity room)
1:30 Movement Therapy with Julia (Activity room)
2:30 Women's Afternoon tea party/Men's Group

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10:00 Volleyballoon (AR)
11:00 Seated Stretches (AR)
2:00 Pokeno (AR)
3:00 Trivia (AR)
4:00 Color Art (Activity room)

15

9:30 Funny Video (AR)
11:00 Music Therapy with Gwen (AR)
2:00 Irish Step Dances (AR)
3:30 Bingo (AR)
3:30 movie: Residents pick (AR)

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St. Patrick's Day
10:00 Morning Rosary's (AR)
11:00 Sit and Get Fit (AR)
1:00 Barn Babies (Activity room)
2:00 Saint Patrick Music WITH SHAMROCK SHAKES (AR)
3:30 Armchair travel to Ireland (AR)

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10:00 Java with Jazz (AR)
11:00 Music Therapy with Gwen (AR)
2:00 BINGO (Activity room)
3:30 Manicures (AR)
6:00 Movie: Residents' Pick - Comedy (GR)

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10:00 Morning Sing (AR)
11:00 Rhythm & Drumming (AR)
2:00 Exercise with Stefan (AR)
3:00 Word Mining (AR)
6:00 Movie: Residents' Pick - Comedy (GR)

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10:00 Musica Performance by: Brittney & Dave (AR)
11:00 Seated Stretches (AR)
1:45 Residents Council (AR)
2:30 Smoothies (AR)

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9:30 Coffee Social (Activity room)
10:00 Music with Matt (AR)
11:00 Volleyballoon (Activity room)
1:30 Movement Therapy with Julia (Activity room)
2:30 Painting with Rashmi (AR)
3:30 Armchair Travel (AR)

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10:00 3 Card Bingo (AR)
11:00 Seated Stretches (AR)
2:00 Bowling (AR)
3:00 Roll the dice (AR)
4:00 Color Art (Activity room)

22

9:30 Funny Video (AR)
11:00 Music Therapy with Gwen (AR)
2:00 BINGO (AR)
3:30 Bingo (AR)
3:30 movie: Residents pick (AR)

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10:00 Morning Rosary's (AR)
11:00 Sit and Get Fit (AR)
2:00 Music Therapy with Gwen (Activity room)
3:30 History Club (AR)

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10:00 Java with Jazz (AR)
11:00 Music Therapy with Gwen (AR)
2:00 BINGO (Activity room)
3:15 Taiz'e Chaplain Lisa (AR)
6:00 Movie: Residents' Pick - Comedy (GR)

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10:00 Morning Sing (AR)
11:00 Rhythm & Drumming (AR)
2:00 Exercise with Stefan (AR)
3:00 Word Mining (AR)
6:00 Movie: Residents' Pick - Comedy (GR)

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10:00 Hymn Sing with Chaplain Lisa (AR)
11:00 Seated Stretches (AR)
2:30 Irish Music Guy: Kevin Farley (AR)
3:30 Coffee social (AR)

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9:30 Coffee Social (Activity room)
10:00 Music with Matt (AR)
11:00 Volleyballoon (Activity room)
1:30 Movement Therapy with Julia (Activity room)
2:30 Afternoon Painting (AR)
3:30 Armchair Travel (AR)

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10:00 Musica Performance by: Joe Reid Duo (AR)
11:00 Seated Stretches (AR)
2:00 Pokeno (AR)
3:00 Trivia (AR)
4:00 Color Art (Activity room)

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March 2025

Caswell / Willard Activity Calendar

Activities are subject to change. 1:1's will be facilitated throughout the week.

