

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> AR - Caswell Activity Room GR - Garden Room WDR - Willard Dining Room			<b>New Year's Day</b> 10:00 Morning Sing (AR) <b>1</b> 2:00 Snowman Crafts (AR) 3:00 Word Mining (AR)	10:00 Musical Performance by: Denise Doucet (AR) <b>2</b> 11:00 Seated Stretches (AR) 2:00 Cornhole (AR) 3:30 Chronicles with Coffee (AR)	10:00 Music with Matt (AR) <b>3</b> 11:00 Volleyballoon (Activity room) 1:30 Movement Therapy with Julia (Activity room) 2:30 Afternoon Arts (AR) 3:30 Armchair Travel (AR)	10:00 Early Bird Learning (AR) <b>4</b> 11:00 Seated Stretches (AR) 2:00 Volleyballoon (AR) 4:00 Color Art (Activity room)
10:00 Morning Activity (AR) <b>5</b> 11:00 Music Therapy with Gwen (AR) 1:30 Catholic Mass ( GR) (AR) 2:00 BINGO (AR) 2:30 CWV Worship Service (GR) (AR)	10:00 Composer Corner (AR) <b>6</b> 11:00 Sit and Get Fit (AR) 2:00 Music Therapy with Gwen (Activity room) 3:30 History Club (AR)	10:00 Java with Jazz (AR) <b>7</b> 10:30 Catholic Rosary Ladies (WDR) 11:00 Music Therapy with Gwen (AR) 2:00 BINGO (Activity room) 3:30 Spelling Bee (AR) 6:00 Movie: Residents' Pick - Comedy (GR)	10:00 Morning Sing (AR) <b>8</b> 11:00 Rhythm & Drumming (AR) 2:00 Exercise with Stefan (AR) 3:00 Word Mining (AR) 6:00 Movie: Residents' Pick - Comedy (GR)	11:00 Seated Stretches (AR) <b>9</b> 2:00 Musica Performance by: Tricia Boshco (AR) 2:30 January Birthday party (AR) 3:30 Chronicles with Coffee (AR)	10:00 Music with Matt (AR) <b>10</b> 11:00 Volleyballoon (Activity room) 1:30 Movement Therapy with Julia (Activity room) 2:15 Women's Afternoon tea party /Men's Group (Upper Abbot /Activity room) 3:30 Armchair Travel (AR)	10:00 Musica Performance by: Joe Pete (AR) <b>11</b> 11:00 Seated Stretches (AR) 2:00 Volleyballoon (AR) 4:00 Color Art (Activity room)
10:00 Morning Activity (AR) <b>12</b> 11:00 Music Therapy with Gwen (AR) 1:30 Catholic Mass ( GR) (AR) 2:00 BINGO (AR) 3:30 Live Worship Service (AR)	10:00 Virtual Symphony (AR) <b>13</b> 11:00 Sit and Get Fit (AR) 1:00 Barn Babies (Activity room) 2:30 Music Therapy with Gwen (AR) 3:30 History Club (AR)	10:00 Java with Jazz (AR) <b>14</b> 10:30 Catholic Mass (AR) 11:00 Music Therapy with Gwen (AR) 2:00 BINGO (Activity room) 3:30 Spelling Bee (AR) 6:00 Movie: Residents' Pick - Comedy (GR)	10:00 Morning Sing (AR) <b>15</b> 11:00 Rhythm & Drumming (AR) 2:00 Exercise with Stefan (AR) 3:00 Word Mining (AR) 6:00 Movie: Residents' Pick - Comedy (GR)	10:00 Musical Performance by: Brittney & Sean (AR) <b>16</b> 11:00 Seated Stretches (AR) 1:45 Residents Council (AR) 3:30 Chronicles with Coffee (AR)	10:00 Music with Matt (AR) <b>17</b> 11:00 Volleyballoon (Activity room) 1:30 Movement Therapy with Julia (Activity room) 2:15 Horse Racing (AR) 3:30 Armchair Travel (AR)	10:00 Early Bird Learning (AR) <b>18</b> 11:00 Seated Stretches (AR) 2:00 Volleyballoon (AR) 4:00 Color Art (Activity room)
10:00 Morning Activity (AR) <b>19</b> 11:00 Music Therapy with Gwen (AR) 1:30 Catholic Mass ( GR) (AR) 2:00 BINGO (AR) 2:30 CWV Worship Service (GR) (AR)	<b>Martin Luther King Jr. Day</b> <b>20</b> 10:00 Composer Corner (AR) 11:00 Sit and Get Fit (AR) 2:00 Music Therapy with Gwen (Activity room) 3:30 History Club (AR)	10:00 Java with Jazz (AR) <b>21</b> 11:00 Music Therapy with Gwen (AR) 2:00 BINGO (Activity room) 3:30 Spelling Bee (AR) 6:00 Movie: Residents' Pick - Comedy (GR)	10:00 Morning Sing (AR) <b>22</b> 11:00 Rhythm & Drumming (AR) 2:00 Exercise with Stefan (AR) 3:00 Word Mining (AR) 6:00 Movie: Residents' Pick - Comedy (GR)	9:30 Coffee Social (Activity room) <b>23</b> 11:00 Seated Stretches (AR) 2:00 Game Corner (AR) 3:30 Chronicles with Coffee (AR)	10:00 Music with Matt (AR) <b>24</b> 11:00 Volleyballoon (Activity room) 1:30 Movement Therapy with Julia (Activity room) 2:15 Card Bingo (Activity room) 3:30 Armchair Travel (AR)	10:00 Musica Performance by: Adam Feldman (AR) <b>25</b> 11:00 Seated Stretches (AR) 2:00 Volleyballoon (AR) 4:00 Color Art (Activity room)
10:00 Morning Activity (AR) <b>26</b> 11:00 Music Therapy with Gwen (AR) 1:30 Catholic Mass ( GR) (AR) 2:00 BINGO (AR) 2:30 CWV Worship Service (GR) (AR)	10:00 Virtual Symphony (AR) <b>27</b> 11:00 Sit and Get Fit (AR) 2:00 Music Therapy with Gwen (Activity room) 3:30 History Club (AR)	10:00 Java with Jazz (AR) <b>28</b> 11:00 Music Therapy with Gwen (AR) 2:00 BINGO (Activity room) 3:30 Spelling Bee (AR) 6:00 Movie: Residents' Pick - Comedy (GR)	<b>Chinese New Year</b> <b>29</b> 10:00 Morning Sing (AR) 11:00 Rhythm & Drumming (AR) 2:00 Exercise with Stefan (AR) 3:00 Word Mining (AR) 6:00 Movie: Residents' Pick - Comedy (GR)	10:00 Musical Performance by: Chris Baum (AR) <b>30</b> 11:00 Seated Stretches (AR) 2:00 Bowling (AR) 3:30 Chronicles with Coffee (AR)	10:00 Music with Matt (AR) <b>31</b> 11:00 Volleyballoon (Activity room) 1:30 Movement Therapy with Julia (Activity room) 2:30 Trivia (AR) 3:30 Armchair Travel (AR)	

# January 2025

## Caswell / Willard Activity Calendar

Activities are subject to change. 1:1's will be facilitated throughout the week.